

SIMPLE OPERATION STEPS



1. Locate painful point by palpation



2. Remark the point of pain



3. Applying gel



4. Start delivering shock wave

MOST COMMON APPLICATIONS

Attention:

1. The indications contained in this section are to be used only as guidelines. Each patient should be individually assessed to determine the appropriateness of the parameter setting prior to use.
2. Do not apply more than 300~500 shocks at one point of treatment. Move the applicator during delivering the shocks.

Shoulder Pain (calcific tendonitis)

Treatment Setting	Pressure: 1.8 ~ 3.0 bar Frequency: 8 ~ 10 Shocks: 1500 ~ 3000
Patient Position	Sitting upright
Number of Sessions	3 ~ 5
Treatment interval	7 ~ 10 days
Transmitter	15mm Radial



Shoulder Pain (surrounding muscles)

Treatment Setting	Pressure: 1.8 ~ 3.0 bar Frequency: 12 Shocks: 2000 ~ 3000
Patient Position	Sitting upright
Number of Sessions	3 ~ 5
Treatment interval	7 ~ 10 days
Transmitter	20 mm Radial



Radial/Ulnar Epicondylitis

Treatment Setting	Pressure: 2.0 ~ 3.0 bar Frequency: 10 ~ 12 Shocks: 1500 ~ 2000
Patient Position	Arm should be comfortably supported, preferably with a soft cushion
Number of Sessions	3 ~ 5
Treatment interval	7 ~ 10 days
Transmitter	15mm Radial



Heel pain/Plantar fasciitis

Treatment Setting	Pressure: 2.0 ~ 3.0 bar Frequency: 12 Shocks: 2000 ~ 3000
Patient Position	Lying prone with leg supported under a soft cushion
Number of Sessions	3 ~ 5
Treatment interval	7 days
Transmitter	15mm Radial



Achillodynia

Treatment Setting	Pressure: 2.0 ~ 2.5 bar Frequency: 10 ~ 12 Shocks: 1000 ~ 1800
Patient Position	Lying on back with knee supported, preferably with a soft cushion
Number of Sessions	3 ~ 5
Treatment interval	7 days
Transmitter	15mm Radial



Patellar tendonitis (jumper's knee)

Treatment Setting	Pressure: 1.8 ~ 2.2 bar Frequency: 10 ~ 12 Shocks: 1000 ~ 1500
Patient Position	Lying on back with knee supported, preferably with a soft cushion
Number of Sessions	3 ~ 5
Treatment interval	10 ~ 14 days
Transmitter	15mm Radial



Patellar tendonitis (muscles, tensor fasciae latae)

Treatment Setting	Pressure: 1.8 ~ 2.2 bar Frequency: 15 Shocks: 2000 ~ 3000
Patient Position	Lying on back with knee supported, preferably with a soft cushion
Number of Sessions	3 ~ 5
Treatment interval	10 ~ 14 days
Transmitter	20mm Radial



Tibial stress syndrome (shin splint)

Treatment Setting	Pressure: 2.0 ~ 2.5 bar Frequency: 12~15 Shocks: 2000 ~ 3000
Patient Position	Lying on back with knee supported, preferably with a soft cushion
Number of Sessions	3 ~ 5
Treatment interval	7 ~ 10 days
Transmitter	15mm Radial



Trigger point (cervical syndrome)

Treatment Setting	Pressure: 1.2 ~ 3.5 bar Frequency: 10~15 Shocks: 300 ~ 1000 (per point)
Patient Position	Lying prone with arms supported
Number of Sessions	3 ~ 5
Treatment interval	7 days
Transmitter	15mm/20mm Radial



Trigger point (tibial syndrome)

Treatment Setting	Pressure: 1.4 ~ 2.5 bar Frequency: 10~15 Shocks: 300 ~ 1000 (per point)
Patient Position	Lying on back with knee supported, preferably with a soft cushion
Number of Sessions	3 ~ 5
Treatment interval	7 ~ 10 days
Transmitter	15mm/20mm Radial

